Mountain Weather Forecast

Southwest Highlands

Including Ben Nevis, Glen Coe and the rest of Lochaber, Argyll including the Isles, Loch Lomond, Trossachs and Arran

Forecast valid from 00:00 on Monday 24 Jul 2023 until 23:59 on Tuesday 25 Jul 2023

Forecast Issued on Sunday 23 Jul 2023 at 14:01 by Met Office Aberdeen

Confidence: High for generally unsettled weather with showers or longer spells of rain at times. Lower for detail of precipitation.

Headline for Monday 24 Jul 2023: Sunny spells for much of the day, heavy showers in north later.

Mountain weather hazards on Monday 24 Jul 2023

Blizzards
No Likelihood

Heavy persistent snow
No Likelihood

Storm force winds
No Likelihood

Gales
No Likelihood

Severe chill effect
Low Likelihood

Poor visibility
No Likelihood

Thunderstorms
No Likelihood

Heavy persistent rain
No Likelihood

Strong sunlight
Medium Likelihood

Weather and chance of precipitation at 800m							
Time							
00:00	03:00	06:00	09:00	12:00	15:00	18:00	21:00
Clear night	Partly cloudy (night)	Sunny intervals	Sunny intervals	Sunny intervals	Sunny intervals	Cloudy	Heavy rain showers
Precipitation probability							
10%	20%	30%	30%	30%	20%	40%	40%

Forecast for Monday 24 Jul 2023

Weather: Largely dry with sunny spells through the day, although there is the chance of isolated light showers. Clouding over from the northwest into the evening with heavy and frequent showers following behind in the north into the evening.

Chance of cloud-free hill tops above 800m: 90%, dropping to 70% in the north during the evening.

Low Cloud and visibility: Scattered or broken low cloud pushing in from the northwest during the evening, base 700-800m. Generally good visibility but dropping to moderate in heavy showers later.

Check our weather forecast every day to get the most accurate and up to date information
https://www.metoffice.gov.uk/weather/specialist-forecasts/mountain
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Forecast for Monday 24 Jul 2023

Height (m)	Wind Speed mean/gusts (mph)					Wind Direction (blowing from)			
	00:00	03:00	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1300	18/23 NE	15/19 N	16/20 N	15/20 N	17/24 N	18/25 NW	15/22 NW	17/22 W	17/22 W
900	14/18 NE	9/13 N	9/12 N	10/15 N	14/20 N	15/22 NW	11/17 NW	12/17 W	12/17 W
600	15/19 NE	9/11 N	7/10 N	8/13 N	13/19 N	14/21 NW	10/16 W	11/16 W	11/16 W
300	6/12 N	5/7 N	4/6 NE	7/11 N	10/16 N	12/20 NW	9/16 NW	6/11 W	6/10 W
Glen	4/10 N	4/6 NW	3/6 NW	5/11 N	9/18 NW	11/20 NW	10/19 NW	7/14 NW	6/13 W

Height (m)	Temperature / Feels Like (°C)								
	00:00	03:00	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1300	1/-4	1/-4	1/-4	2/-4	3/-2	4/-1	3/-2	3/-2	3/-2
900	4/0	3/-0	4/1	6/2	8/4	8/5	6/3	6/2	6/2
600	7/3	6/3	6/4	8/5	10/7	10/8	9/6	8/5	8/5
300	9/8	8/6	8/7	10/9	12/10	13/11	12/10	10/9	10/9
Glen	10/10	9/8	11/11	13/12	15/13	16/14	14/12	12/11	12/11
Freezing Level*	1500m	1500m	1400m	1500m	1500m	1600m	1800m	1800m	1800m

**Level above which ground is expected to be frozen/snow is expected to settle.*

Met Office Aberdeen Meteorologist's View
Be aware of unseasonably cold temperatures at height.

Forecast for Tuesday 25 Jul 2023
Weather: Frequent heavy showers pushing southwards through Tuesday with some brighter interludes. Showers becoming lighter and more scattered into the afternoon. Drier and clearer later in the evening.

Maximum wind: Westerly 10-15 mph

Chance of cloud-free hill tops above 800m: 70-80%

Low Cloud and visibility: Scattered low cloud base 700-800m during the morning, lifting into the afternoon. Moderate visibility in heavy showers, otherwise good.

Temperature: **Glens:** Plus 10 rising to plus 16 Celsius
At 800m: Plus 4 rising to plus 8 Celsius
Freezing level: Above summits

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